

PARENTING SKILLS - 6 STEPS

1. STOP LOOK

Stop what you are doing and look at the child

2. WAIT

Wait until the child stops what he's doing and looks you in the eye.

3. INSTRUCT ONCE

Give the instruction - simply and only once

4. ASK REPEAT

Ask the child to repeat the instruction back to you

5. STAND WAIT

Stand and wait (for the task to be done)

6. PRAISE

Praise every step in the right direction No matter how small