

INSTEAD OF PUNISHMENT

1. EXPRESS YOUR FEELINGS STRONGLY WITHOUT ATTACKING CHARACTER

"I'm furious that my new saw was left to rust in the rain".

2. STATE YOUR EXPECTATIONS

"I expect my tools to be returned after they have been borrowed".

3. SHOW THE CHILD HOW TO MAKE AMENDS

"What this saw needs now is a little steel wool and a lot of elbow grease".

4. GIVE THE CHILD A CHOICE

"You can borrow my tools and return them, or you can give up the privilege of using them. You decide".

5. TAKE ACTION

Child: "Why is the tool box locked?"

Father: "You tell me why"

6. PROBLEM - SOLVE

What can we work out so that you can use my tools when you need them, and so that I'll be sure they're there when I need them?

*From: "How to talk so kids will Listen and listen so Kids will talk"
Adele Faber and Elaine Mazlish*